JORGE TALKS PEPS

Can I Mix These In One Needle?

The pep mixing chart: 35 peps, which pairs people share a vial or syringe with, which ones they keep apart, and the basics nobody explains.

- 35 PEPS
- MIXING VS STACKING
- CLEAN TECHNIQUE
- RED FLAGS



Jorge Abreu, 44. Not a doctor. Got tired of poking myself three times a morning.

Mixing is not stacking

Same needle vs same routine.

Stacking means using two peps in the same period. **Mixing** means putting them in the same vial or the same syringe. Two peps can stack fine and still be a bad idea to mix.

1 Why people mix

Fewer pokes. If you run three subq peps in the morning, one shot beats three.

2 Why some do not mix

Different pH, buffers and stability. Some formulated products, like GLP-1s, carry their own additives.

3 Syringe vs vial

Combining in a syringe right before the shot is a very different thing from storing two peps together in one vial for weeks.

4 Honest evidence check

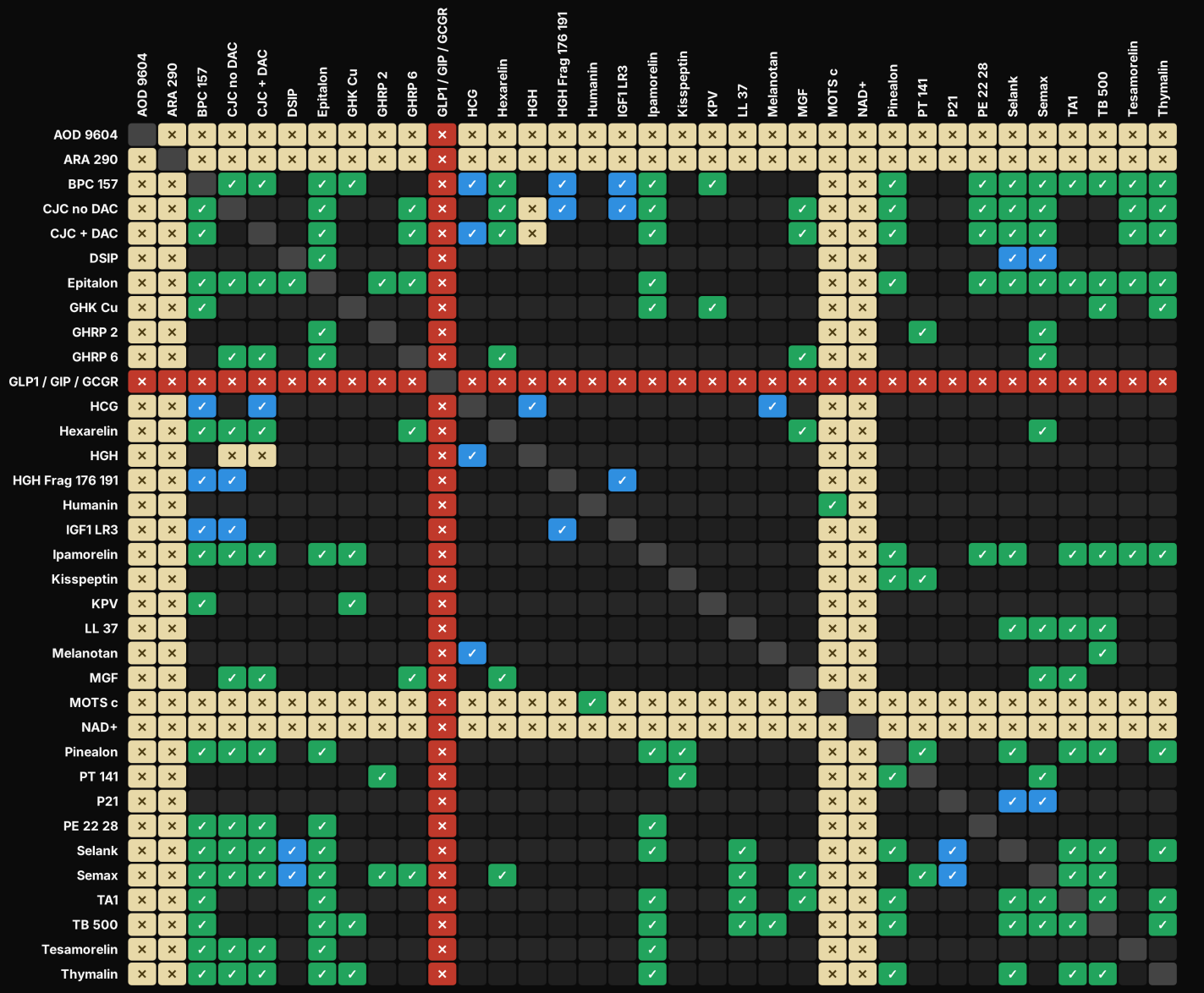
There is very little published stability data on pep blends. This chart is community experience plus clinic combo lists. Treat it as a starting point.

HOW TO READ THE CHART

Find one pep on the left and the other across the top. **Green check** = combos clinics use. **Blue check** = anecdotal, people mix them. **Pale X** = anecdotal, keep apart. **Red X** = commonly known, do not mix. Dark = no data, which is not the same as safe.

PEP MIXING CHART

Can these two share the **same vial or pen?** Find one pep on the left, the other on top. This is about mixing, **not stacking.**



✓ Combos used by health and wellness clinics ✓ Anecdotal: can mix (not on clinic lists) ✕ Anecdotal: don't mix ✕ Commonly known: don't mix

No data

Charted from anecdotal community info. Not recommendations, not medical advice. For research reference only; verify and validate everything before use. Blanket "all can be mixed" or "don't mix any" claims are not included.

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If you combine in one syringe

CLEAN TECHNIQUE

- **Separate vials stay separate.** Draw from each vial on its own. Never push a mix back into a vial.
- **Fresh sterile needle** every time, and wipe each stopper with alcohol first.
- **Combine right before the shot.** Do not pre load blends and leave them sitting.
- **Do the math for each pep separately.** Units add up in the barrel. Use the free calculator at jorgetalkspeps.com/calculator.
- **Check the barrel size.** Two draws can overflow a small syringe.

RED FLAGS, DO NOT INJECT

! Cloudy or hazy

A clear solution that turns cloudy after mixing is a sign something is not playing nice.

! Particles or color change

Flakes, strings or a color shift means toss it, do not shake it and hope.

! A pep on a red row

The red and pale X rows exist for a reason. When in doubt, use separate shots.

! Something you cannot verify

No data on the chart means nobody has reported it. Separate shots are the default.

Education only, not medical advice. The chart is compiled from anecdotal community reports and clinic combo lists, not stability studies. Research compounds are not approved for human use. Business disclosure: Jorge Abreu is involved in Reign Peptide.

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"I share everything I do, the wins and the misses, so you do not have to guess."

JORGE ABREU



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